

## THE WARMTH OF A HORSE

WHEN YOUR DAY SEEMS OUT OF BALANCE  
AND SO MANY THINGS GO WRONG,  
WHEN PEOPLE FIGHT AROUND YOU  
AND THE CLOCK DRAGS ON SO LONG,  
WHEN MOST FOLKS ACT LIKE CHILDREN  
AND FILL YOU WITH REMORSE,  
GO OUT INTO YOUR PASTURE AND  
WRAP YOUR ARMS AROUND YOUR HORSE.  
HIS GENTLE BREATH ENFOLDS YOU  
AS HE WATCHES WITH THOSE EYES,  
HE MAY NOT HAVE A PHD  
BUT HE IS OH SO WISE!  
HIS HEAD RESTS ON YOUR SHOULDER,  
YOU EMBRACE HIM GOOD AND TIGHT,  
HE PUTS YOUR WORLD IN BALANCE  
AND MAKES IT SEEM ALL RIGHT.  
YOUR TEARS WILL SOON STOP FLOWING,  
THE TENSION WILL BE EASED,  
THE NONSENSE HAS BEEN LIFTED,  
YOU ARE QUIET AND AT PEACE.  
SO WHEN YOU NEED SOME BALANCE  
FROM THE STRESSES IN YOUR DAY,  
THE BEST THERAPY YOU CAN SEEK  
IS OUT THERE EATING HAY.

